



# How Do Audiobooks Help Kids with Dyslexia?

## TIPS FOR SUCCESS

- 1 Start with 3-5 high interest titles
- 2 Set aside plenty of time to practice listening
- 3 Use comfortable good quality headphones
- 4 Set up a dedicated reading area with comfortable seating
- 5 Experiment with the pitch and speed to find the right fit
- 6 Read along with your student and discuss the story

## Audiobooks can help your student become a better reader and a more effective learner

If your student is having trouble learning to read or is struggling to keep up with homework, audiobooks can be a powerful tool that can improve reading comprehension, boost confidence, save time on schoolwork and lead to better grades.

### BECOME A BETTER READER

Listening to an audiobook while following along with the text can actually help bridge the gap between decoding words and assigning meaning for kids with dyslexia. Receiving information both visually and audibly reinforces word recognition, improves fluency, builds vocabulary and supports the development of higher level comprehension skills.

### BECOME A MORE EFFECTIVE LEARNER BY LISTENING

As a student progresses in school, keeping up with increasing amounts of reading can be a challenge. Audiobooks can help students who read slowly by allowing them to focus on the meaning of what they're reading rather than decoding the words on the page. In general, a dyslexic's listening comprehension may be stronger than their reading comprehension. By listening to text, these kids can access content that may be above their current reading levels making learning new information more efficient.

### INCREASE SELF-ESTEEM AND CONFIDENCE

Audiobooks can ease frustration, boost confidence and make reading much more enjoyable for those who struggle with printed text by allowing them to independently access text and keep up with peers on both content area reading and pleasure reading pursuits.

### FOSTER MOTIVATION AND A NATURAL LOVE OF STORIES

Audiobooks help children learn to enjoy literature and build a wide and diverse knowledge base. They are key to unlocking the magical world of stories for children with dyslexia so they can experience getting lost in a good book just like their peers.

**Audiobooks are not a replacement for good reading instruction.  
It is very important that your student is also receiving a high quality intervention  
to support their individual remediation needs.**

To learn more about dyslexia in the classroom, visit [LearningAlly.org/HiddenInPlainSight](https://www.learningally.org/HiddenInPlainSight)